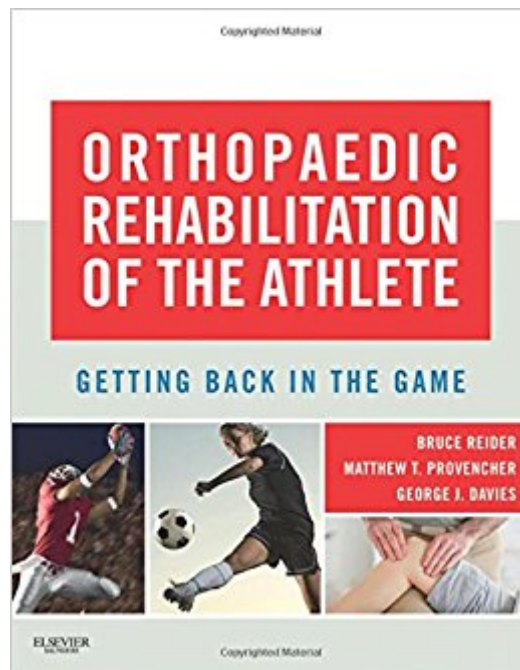


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Orthopaedic Rehabilitation Of The Athlete: Getting Back In The Game, 1e



Synopsis

Prevent athletic injuries and promote optimal recovery with the evidence-based guidelines and protocols inside *Orthopaedic Rehabilitation of the Athlete!* Practical, expert guidance; a templated, user-friendly format; and online videos of key rehabilitation exercises make this rehab reference ideal for any practitioner working with athletes! "The book makes a useful contribution and may also be useful to novice learners". Reviewed by: Kevin Brownhill, The British School of Osteopathy and osteopath in private practice Date: July 2015 Apply targeted, evidence-based strategies for all internationally popular athletic activities, including those enjoyed by older adults. Ensure optimal care from injury prevention through follow up 2 years post injury. Make safe recommendations for non-chemical performance enhancement. Access the complete contents online at www.expertconsult.com, along with downloadable patient handouts, rehabilitation videos, and more.

Book Information

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"This is a substantial work, aimed at rehabilitation clinicians who work with athletes recovering from injury and surgery. Purchasing the book allows access to a version of the book through a smartphone app (Android or iOS), as well as to a web version. The book makes a useful contribution and may also be useful to novice learners". Reviewed by: Kevin Brownhill, The British School of Osteopathy and osteopath in private practice Date: July 2015

Great book for those looking to read about injuries in different parts of the body. Very clinical, yet easy to understand.

Comprehensive

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